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OPENING OUR MINDS AND HEARTS

- If you were having a conversation with each person, is there anything you feel you would have liked to ask them?
- What is the impact of trauma, childhood experiences, family dynamics, and self-acceptance on addiction and does our understanding of these open doors for us toward empathy?

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LEARNING FROM ONE ANOTHER

- OUD is a medical illness like diabetes, arthritis, and heart disease
- People with OUD should be able to stop using opioids on their
- People who have recovered from OUD still can't be trusted
- Medications for OUD replace one addiction with another

WE ARE LEARNING TOGETHER

- Experiences are part of the learning process
- Our goal is to learn from one another in order to respond better and provide support
- We are focusing on recovery-oriented approaches to overcome stigma

 - Person-centered and self-directed approaches to care
 Build on strengths and resilience of individuals, families and communities
 - Art, interviews, and sharing our stories sets the stage for this approach

WHAT DO THESE WORDS MEAN TO YOU?

- Perception
- Bias
- Prejudice
- Stigma

Path to Recovery

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EXPLORING PATHS IN RECOVERY

- What makes people want to change/is there one thing?
- · What does support mean to each person and how can we ensure that every door is open when someone is ready?

Supporting Recovery in the Community

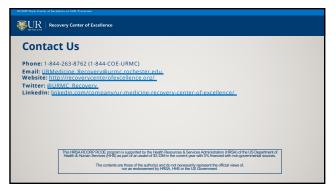
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LOOKING TO THE FUTURE How can we continue this work as a community and support people in their recovery journey? What are our positive beliefs about OUD and recovery?



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